We are fast approaching the end of the year and I would particularly like to extend a warm welcome to all families to attend the end of year Presentation events which will be held during the last week of school. The year has been an exceptionally productive one with our children actively involved in their learning through a wide variety of experiences.

There is one particular event that I would like to highlight this week and that is the Volunteers’ Morning tea to be held on Monday 8th December at 10:30am. This event will follow the Christmas Chapel which commences at 9:30am.

The Volunteers’ Morning Tea is for all parents and friends who have assisted the College in such things as sporting events, carnivals, reading groups, discos, canteen, transport, musicals, gardening club, classroom support, P and F fundraisers and library volunteers to name a few of the many ways that you contribute to the College.

Our College has a strong culture of parent and community involvement which only serves to enrich the lives of our children. I want to thank you, the parents, carers and friends of the College for your enthusiastic support of our students.

Last Friday evening also saw the end of year P and F dinner at Bomaderry Bowling Club. Thank you to our wonderful P and F organisers for a very enjoyable evening. One of the aims of the P and F is to enhance the connection of families to the College and create a vibrant and strong community. I would like to promote one of their initiatives to achieve this. Early next year the P and F will be holding a wine and cheese evening at Silos winery to welcome all families back for 2015.

The other events that I would like to highlight are the end of year Junior School Presentation Day on Tuesday 9th December at 11:00am in the College Gymnasium and the Senior School Presentation Evening on Wednesday 10th December at 6:30pm.

The Presentation ceremonies are always events where we celebrate the many achievements of all our students. My aim is that we showcase our many performance groups and ensembles, thus creating an interesting and enjoyable concert as well as recognising student achievement.

I look forward to ending our year on a positive note and welcome your input at our presentation events.

Lorrae Sampson
Staff Movements

Every year we have the unfortunate task of farewelling staff members. Schools are places of constant change and whilst I would say that teaching staff at Nowra Anglican College have been very stable over the years, there are times when we have to say farewell to those we love.

I am sad to announce that two staff are in this position. At the end of the year Mrs Sophie Templeton, our dynamic Head of Science will be leaving us. Mrs Templeton has decided to move back to Sydney and she will be greatly missed not only for her collegiality but also her expertise in leading the Science department and for her presence in the whole school as a teacher and a leader in the College.

Secondly, one of our Junior School teachers, Mrs Michelle Sansour has also left us. Michelle has served the school faithfully over the last 10 years and has been a well loved teacher by her students. Michelle has worked mainly in Stage 3 and has had a good influence on many of the students in the College.

We wish both Michelle and Sophie all the best for the future and look forward to hearing of their successes in the future.

Uniform

With the many official functions coming upon us this is a reminder for all students to make sure that the College uniform is worn with pride and in the manner described in the College diary.

In particular:

Boys - hair is to be cut short in a neat fashion.

Girls - hair is to be tied back, including the Collegian girls for presentation evening.

When our uniform is worn well, then all students benefit as it increases pride and shows respect for our College community.

New Debtor Management Policy

Last term the College Council wrote to all families regarding the new Debtor Management Policy which will come into effect on 1 January 2015 and will apply across all Corporation schools.

The new Debtor Management Policy not only adopts new procedures for alerting parents when term fees are due and issuing reminders for overdue fees, but also has important consequences for students when unpaid fees remain outstanding.

Most importantly, any accumulated debt as a result of unpaid fees must be covered by a Satisfactory Arrangement with the College. Generally, unless a Satisfactory Arrangement is in effect students will not be able to continue their education at the College.

Adoption of this new Debtor Management Policy by the Sydney Anglican schools Corporation is aimed to enable all students to access the teaching and learning environment offered by our schools and to ensure that each school’s available resources are managed most effectively.

Please contact the Business Manager, Mrs Leisa Ebdon if you need further information or assistance regarding this process.

Lorae Sampson
Executive Principal

When God came near

Did you know that over 60% of Australians believe in God? At Christmas God comes closer to the thoughts of many. It might be the time of year to visit church with your family or to sing along with a catchy Christmas carol about God. But there are many ideas about who God is and how he relates to us humans.

For some people, God either doesn’t exist or can’t be known. For others, God remains a distant figure, out of touch with our everyday life and having far more important things to be concerned about than us. Perhaps you might picture a detached figure reclining on his favourite cloud listening to a harp in his break between running the universe.

In some beliefs and traditions God is in creation; in the stars, the trees, the rivers and inside each person who is like a little god themselves. Santa might be a god-like character for some; great, jolly and generous – if you’ve been good all year!

In the answer to our age old curiosity about God he came near to us on that first Christmas over 2000 years ago. God didn’t just tell us who He is but He showed us. He answered the longing of people to see and to know Him by coming to planet earth as the baby Jesus.

John reminds us of this special event:

The Word became flesh and blood, and moved into the neighbourhood. We saw the glory with our own eyes, the one-of-a-kind glory, like Father, like Son, generous inside and out true from start to finish (John 1:14, The Message).

God took the guess work away when He showed us Himself through Jesus. If we want to know God we need to know Jesus. In Jesus we see God and can come into a relationship with Him, which is what Christians around the world share at Christmas, as they discover their true selves in Jesus.

John wrote: Whoever believed He was who He claimed and would do what He said, He made to be their true selves, their child-of-God selves (John 1:12, The Message).

I pray that this Christmas your family will have a safe, enjoyable time and that you might consider the time God came near to us in Jesus.

Jim Dayhew
College Chaplain
The band 3 Union from the United States performed at the Senior Chapel on Tuesday. Students enjoyed the opportunity to hear the band and meet them for a lunchtime ‘after party’. Great interviews with the band were conducted by our Year 12s Imogen and Monique who were the envy of many in the audience! The band of 3 brothers are touring high schools in the Shoalhaven region Week 7.

3 Union returned NAC for an outreach event on the Friday night for students in Year 7-12. It was so encouraging to see students attend from 11 local youth groups and 9 schools as NAC works in partnership with local churches and schools. The music was great and the crowd of 140 cheered all night, well at least until 9pm! It was fabulous to see some students take definite steps to deepen their relationship with Jesus and indicate a desire to connect to school and church youth groups.

More information about 3 Union can be found at www.threeunion.com or on Facebook.

Jim Dayhew
College Chaplain

Defence Day

We have many families within our College who are part of The Australian Defence Force. On Friday 14th November we acknowledged and celebrated their contribution to our community with a special Defence Day. Many Defence personnel gave up their time to come and spend time with our students, giving them a taste of what they do and what a career in Defence could look like. Some of the activities on offer included an information session on WW1 memorabilia and typical WW1 food rations, members of the Australian Parachute Training School demonstrating equipment that they use, PT instructors from HMAS Albatross putting students through a training session, a number of parents shared with students their experiences in the Defence Force as well. It was an excellent day and thoroughly worthwhile.

A highlight was a visit from SBLT Alex Clothier of 723 Squadron and ex-NAC student (Class of 2008) who flew in and landed on the basketball court. It was very encouraging to see one of our students making such great progress in his career.

Thankyou to all staff and defence personnel involved in making this day such a great success.

Year 7 Orientation Day and Taster Day for Year 8-11

Last Tuesday we held our annual Year 7 Orientation Day. Due to quite a number of new enrolments in other years we combined this with a ‘Taster Day’ for students coming into the College in Years 8-11. All students were able to spend time in a number of classes, making connections with current NAC students and getting a feel for what next year will bring. Due to excellent timing our visitors were treated to a concert from visiting USA band ‘3-Union’.

Just another typical day at NAC!

David Hamaty

FROM THE HEAD OF SCHOOL

“A highlight was a visit from SBLT Alex Clothier of 723 Squadron and ex-NAC student (Class of 2008) who flew in and landed on the basketball court.”
2015 Bus Passes

Students in Years 2 and 6 have recently been given a blue Bus Pass Application to be completed and returned to Student Services in order to receive a bus pass for school travel in 2015.

This is a requirement of Transport NSW for students progressing from Year 2 to 3 and Year 6 to 7. Students in other year groups, who already have a bus pass, will be automatically issued with a new one and all 2015 bus passes will be distributed to students in Term 1. If your Year 2 or Year 6 child has not brought home the blue application form, please have them collect one from Student Services and return it to the office at your earliest convenience for processing.

Midford Uniform Shop

The Uniform Shop at Nowra Anglican College will be open for your return to school uniform requirements on the following additional days.

- Monday 8 December, 2014 8.00am – 4.00pm
- Tuesday 9 December, 2014 8.00am – 4.00pm
- Wednesday 10 December, 2014 8.00am – 4.00pm
- Wednesday 14 January, 2015 9.00am – 3.00pm
- Thursday 15 January, 2015 9.00am – 3.00pm
- Friday 16 January, 2015 9.00am – 3.00pm
- Monday 19 January, 2015 9.00am – 4.00pm
- Tuesday 20 January, 2015 9.00am – 4.00pm
- Wednesday 21 January, 2015 9.00am – 4.00pm
- Thursday 22 January, 2015 9.00am – 4.00pm
- Friday 23 January, 2015 9.00am – 4.00pm
- Tuesday 27 January, 2015 8.30am – 4.00pm
- Wednesday 28 January, 2015 8.30am – 4.00pm
- Thursday 29 January, 2015 8.30am – 4.00pm
- Friday 30 January, 2015 8.30am – 4.00pm

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Term 4 Parent Forums

The final Parent Forum is on Tuesday 2nd December.

The topic for discussion is:
Can computer games really help my child?

This session will be led by our Coordinator of Learning Technologies, Mr Graeme Ewing

Commencing at 5:00pm in the College Library
Coffee and tea provided.

Contact us at:
ParentFriend@nac.nsw.edu.au
Awards

Congratulations to all award recipients this week

Bronze Awards

Academic
Year 7
Juliette Howard-Arcus
Tessa Marks
Lachlan Sutton
Jacob Carpenter-McCoy

Service & Character
Year 7
Tessa Marks
Anthony Liang

Introducing …

Christian Ministry Prefects for 2015

Josh Poulton and Sarah Wearne are the Christian Ministry Prefects of 2015. They aim to oversee, promote and participate in Christian events or groups in the College such as Crossroads and Chapel.

Their role so far has been to encouraged students to attend the Christian lunchtime group Crossroads as well as lead the College student body in pray at formal occasions such as weekly assemblies and Chapel.

As well as leading this area as Prefects, Josh and Sarah are also part of the Crossroads Leadership team and hope to develop new ways to gather more students around fellowship, worship and developing relationships with other years. Ultimately, their hope to grow Christian fellowship and ethos at NAC.

Campaign launch

Year 7 PBL Campaign launch on Issues Facing Teenagers Today will take place next Tuesday 2nd December at 8.45 am in the MPC at NAC.

Inspired by Kiama Council’s community campaign to “Stop Underage Drinking”, Year 7 NAC have embarked on their own projects to raise awareness about issues facing teenagers in the Shoalhaven today. They have worked collaboratively to research data and facts about current social issues and ready to share the results of their inquiry based learning task with members of the community.

We warmly welcome all parents and friends to join us as each group will present their campaign and share their learning journeys in a creative and inspirational way.

Congratulations to Gus Stretton

Gus attended a West Ham Oceania National Camp on the Gold Coast during the last school holidays. He trained and trialled over a three day period and was selected / invited out of 60 + U/18 to travel to the United Kingdom in December.

As a result Gus will be flying to the UK to attend a West Ham Academy Tour on 3rd December as part of an U/18 squad. He will have the opportunity to train and be coached by other English Soccer academies , such as Swansea ,Reading ,Gillingham, this being a great experience. He will also play games against these other youth academy teams. He will also see several football games played by clubs in the English Premier League and Champions league. Gus has played soccer since age 4 so he is deserving of this opportunity as he has trained and travelled many hours over the years.

We wish him luck and a positive experience.

Sadly Gus will be leaving NAC at the end of 2014 . He has been accepted at Mamre Anglican School onto their targeted soccer academy program which is very exciting as he will be playing and training with the school team . He has also secured a place at Hakoha FC for the 2015 season, a National Premier League Two team.
Recent Success for Year 11 Visual Arts Students.

Congratulations to Anne Kirkby who has now completed the National Art School HSC Intensive Studio Practice course with a perfect score of 50/50. Anne was the only student enrolled in the Painting Intensive Course to receive full marks and worked hard to achieve these results. Anne said that she found the experience extremely rewarding and hopes to build on the expertise she gained in the production of her year twelve “Body of Work” in 2015. Well Done Anne!

It is great to see many of our senior photography students taking the initiative to enter local competitions. Sam Markham received a ‘Highly Commended Award’ in the “Riverscape Open Photographic Competition” which was just one of the events held by the Shoalhaven River festival committee in recent weeks.

Phillip Muzzall received notification that he was a finalist in the 2014 Australian Catholic University Pixel Photographic Prize, a competition open to all New South Wales high school students. Phillip had two photographs selected which focused on this year’s theme ‘Communities’ and these were exhibited at the Mc Glade gallery Sydney in Strathfield. Only 30 finalists are selected throughout New South Wales for each section, and we congratulate Phillip on his finalist inclusion in this event.

Congratulations to these senior Visual Arts students. We are very proud of their ongoing commitment to their Visual Arts Studies at the College.

Jenny Robertson
Visual Arts Teacher

The annual University of Wollongong Faculty of Engineering’s High NSW Schools Technology Competition Prize night was recently held.

The statewide competition attracted over 1000 entries this year from Engineering, Design and Technology and Industrial Technology students. Students enter projects and course work that they have completed throughout the year and successful entries are awarded great cash prizes from a range of generous industry sponsors.

I am delighted to congratulate and acknowledge the following students who received major prizes:

Year 11 Engineering Studies
Alex Parker-Newlyn who was awarded runner up for the Biomedical Engineering Report prize

Year 11 Design and Technology
Sally Woods who was awarded runner up for the sustainability design prize

Mr Graeme Ewing
Technological and Applied Head of Department.

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Jenny Robertson
Visual Arts Teacher
Slum Survivor – a Year 9 Experiential Learning

Every day, over 1 billion people have to survive in the growing slums in many of the world’s cities.

The basics of life can be very hard to come by. Houses are built from scraps of timber, plastic and cardboard. Toilets may be non-existent or shared by hundreds of people. Piped water is a luxury that people in slums can’t afford.

For the students of NAC, these conditions/circumstances are very foreign to the lifestyle they enjoy in the beautiful Shoalhaven. They are fortunate to have a warm bed with a roof over their head every night, three meals a day and the opportunity for a wonderful education.

So last week as part of Year 9 Pastoral Care and Geography (Global Inequality and Communities), students participated in a program entitled Slum Survivor.

This simulation experience is designed to help the students get a taste of what life might be like in a slum and start thinking about how they can respond.

The first part of the program was for the student to construct their slum shelters from a variety of scrap materials, including cardboard, bamboo poles, shipping pallets, rope and twine, waterproof plastic or tarpaulin and bubble wrap.

This was followed by a range of activities including ‘Third World Games’ and a delicious dinner of rice and beans before wriggling into their constructed shelter for the night.

The next morning after porridge and water, the boys and girls set to work, competing for customers, the boys shined shoes and they girls sold the craft items that they had made. All the proceeds which exceeded $450.00 were donated to SiMAid projects; providing vital resources to struggling farmers that keep them from migrating to urban slums, and, at the other end of the spectrum, providing care packs to desperate young girls rescued from prostitution in India, and enabling them to rehabilitate and learn a trade in a safe house.

The final challenge was the water collection challenge, where students needed to source sufficient water for their slum team through tradition methods of going to the well and carrying it back.

For our students it was a confronting experience in which Lucy Schruers commented, “sleeping in slums, having basic meals and living in third world conditions was a real eye opener and an experience I will never forget. Everyone was in it together, making it a great way to bond and grow in relationships with my peers. I had such a wonderful time, learning new skills, gaining new experiences and I will remember Slum Survivor for many years to come” while Luke Goldman said “for 24hrs, our year group experienced a glimpse into the life that many have to live everyday. We constructed ‘slums’ that we would sleep in overnight as well as raised money for charity through shoe shining and jewellery making. It proved to be an eye opening experience in which we saw just how hard some people live life yet in a supportive and enjoyable year group environment.”

Organiser, Mr Colin Mitchell said “the Slum Survivor experience was small yet powerful taste of some of the daily challenges faced by a billion people in our world. For a short time it enabled students to step out of their own reality and gain more empathy and understanding of life for many children their own age and be challenged to respond."
It’s hard to believe that we have already reached this stage in the year. It’s always a busy time as you can see from the events mentioned below:

**Week 9**

December

- Thursday 4: Year 6 Graduation
- Friday 5: Year 6 Surf Day Culburra

**Week 10**

December

- Monday 8: Christmas Chapel & Kindergarten Nativity Play
- Volunteers’ Morning Tea
- Rehearsal for Presentation Day
- Tuesday 9: Junior School Presentation Day
- Wednesday 10: Picnic Day & Last Day of Term

**Year 6 Graduation**

I would like to congratulate our Year 6 students on reaching the end of seven years of primary school. They are very excited about Graduation Night and, on behalf of all the staff and students, I wish them well as they look forward to entering Senior School.

**Christmas Chapel & Kindergarten Nativity Play**

Our Kindergarten children are very excited about their first big stage debut! The costumes are ready, and our youngest actors are well-rehearsed. They plan to entertain and enthral us with their presentation of this year’s Nativity Play.

Christmas Chapel will be held in the gymnasium on Monday 8 December at 9.30am.

**Volunteers’ Morning Tea**

Following Christmas Chapel there will be a special morning tea to thank all those parents, grandparents and friends who have helped at the College in any way during the past twelve months. I know that our staff really values your help in the classroom, the canteen, at sporting events and on excursions and other special occasions. Please join with us for some lovely food and company.

**Presentation Day Rehearsal**

Rehearsals for Presentation Day will take place on Monday 8 December from 12.00. Students who are receiving prizes or who are participating actively in some way (e.g. singing or presenting) are required to attend the rehearsal.

**Presentation Day**

Junior School Presentation Day will be held in the College gymnasium on Tuesday 9 December beginning at 11.00am.

Our Presentation Day is a very important occasion with awards being presented and dignitaries attending. Students are expected to wear their uniforms beautifully, with shirts tucked in, hair brushed and shoes shining!

Children will sit with their teachers in class groups while seating for parents and visitors will be clearly marked.

Following the event, you may take your children home, collecting them from their classrooms where their name will be marked off the roll by the teacher. You do not need to sign out at Student Services on this occasion. Students who remain at school will be supervised until the end of the normal school day.

**Picnic Day & Final Day of Term**

The Junior School Picnic Day will be held on Wednesday 10 December. K-2 students will be at Palm Beach (same place as last year) and 3-6 students will go to Plantation Point. Parents are welcome to attend.

Please note that all students are under the direct supervision of staff and are expected to obey their instructions as they would for any other excursion. All students are expected to travel on the bus from the College in the morning.

Children are expected to wear sensible ‘sun safe’ clothing (no shoe strings tops). They should wear a hat, closed in footwear and sunscreen. They should also bring a bottle of water.

We are happy for parents to take their children home in the afternoon. However, it is important that each child’s name is checked off the roll first. Parents are asked to notify the teacher before taking their child. The safety of the students is our first priority and we thank you for assisting us with this procedure. All other students will return to the College on the bus.

Please remember to return permission notes for the picnic excursion.

Thank you for your continued support as the 2014 school year draws rapidly to a close.

**Semester Two Reports**

Teachers have been very busy writing reports this term and they will be emailed in the final week. We aim to provide a balanced and comprehensive picture of your child’s overall progress at the College.

Please read the key to the report carefully. I’ve provided a copy here so that you can have a look before receiving your child’s report.
We encourage you as you read the report with your child to give praise where praise is due and provide encouragement for areas that might be disappointing. Next year is a new year and an opportunity to improve, consolidate and achieve even more.

Regards
Susan Pearson
Head of Junior School

Key to Report: Kindergarten-Year 6

Achievement Grades

Achievement grades provide an indication of the student’s performance based on statewide syllabus standards. All children develop at their own pace and thus some students may take a longer or shorter time to attain skills and competencies associated with a stage.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extensive</td>
<td>The student has extensive knowledge and understanding of the content and can readily apply this knowledge. In addition, the student has achieved a very high level of competence in the processes and skills and can apply these skills to new situations.</td>
</tr>
<tr>
<td>Thorough</td>
<td>The student has a thorough knowledge and understanding of the content and a high level of competence in the processes and skills. In addition, the student is able to apply these skills to most situations.</td>
</tr>
<tr>
<td>Sound</td>
<td>The student has a sound knowledge and understanding of the main areas of content and has achieved an adequate level of competence in the processes and skills.</td>
</tr>
<tr>
<td>Basic</td>
<td>The student has a basic knowledge and understanding of the content and has achieved a limited level of competence in the processes and skills.</td>
</tr>
<tr>
<td>Elementary</td>
<td>The student has an elementary knowledge and understanding of the content and has achieved a very limited level of competence in some processes and skills.</td>
</tr>
</tbody>
</table>

Course Application

The course application provides an indication of the effort, attitude and behaviour shown by the student in class and the level of participation, homework and preparation for assessment tasks.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Excellent</td>
<td>The student completes all tasks and set work, shows an excellent attitude to studies and is well behaved. The student contributes to class discussions and maintains a record of work to a high standard.</td>
</tr>
<tr>
<td>Good</td>
<td>The student completes all set work, shows a pleasing attitude to studies and is well behaved. The student contributes to class discussions and maintains a record of work to a pleasing standard.</td>
</tr>
<tr>
<td>Satisfactory</td>
<td>The student completes most set work, shows a pleasing attitude to studies and is usually focused. The student generally contributes to class discussions and maintains a record of work to a satisfactory standard.</td>
</tr>
<tr>
<td>Inconsistent</td>
<td>The student works at times but, at other times, is distracted from set tasks. The student may not complete book work to an adequate standard.</td>
</tr>
<tr>
<td>Unsatisfactory</td>
<td>The student does not complete a substantial amount of set work and is often not focused on tasks. The student often needs to be reminded about behaviour and attitude.</td>
</tr>
</tbody>
</table>

Social Development and Commitment to Learning

This provides an indication of the consistency that is shown by the student in managing their learning environment and in their relationships with others.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td>The student always demonstrates this attribute</td>
</tr>
<tr>
<td>Usually</td>
<td>The student demonstrates this attribute most of the time</td>
</tr>
<tr>
<td>Sometimes</td>
<td>The student demonstrates this attribute occasionally</td>
</tr>
<tr>
<td>Rarely</td>
<td>The student hardly ever demonstrates this attribute</td>
</tr>
</tbody>
</table>
Transition should be seen as a period of opportunity and possibility. As Early childhood professionals we have an opportunity to share knowledge and information to support the needs of each individual child. There is also possibility, to provide support and continuity as each child moves on in their learning journey.

On Monday 3rd November the children and educators set off in our NAC mini bus to visit and explore the NAC campus. After the excitement of the bus journey, we alighted the bus in the ‘drop off’ circle where we were greeted by Mrs. Sampson and Mrs. Pearson. This was a lovely welcome as all of the children were able to say hello and tell Mrs. Sampson and Mrs. Pearson their name. Some of the children were already quite familiar with Mrs. Sampson and Mrs. Pearson as they have siblings already attending.

Mrs. Pearson then invited us to visit her office. This was a great treat and the children found lots of very interesting things to explore. Our next stop was the library. The children know so much about the ‘rules’ of the library. ‘You have to be quiet, no eating, you read quietly, no running.’

We met Mrs. Owen the librarian who read us two great books. Oliver and George go to the Beach and Noni the Pony by Alison Lester.

KN invited us into their room. Ms Ng welcomed us all and then we listened to some short stories written by the children of KN.

The preschool children then asked some questions:

Isaac: ‘Do you get to play (at school)?’
Mikayla: ‘You get to play every recess and lunch. If it’s raining you get free play inside. You can play in home corner or with the hammering. We also play games like; Buzz off, Banana split and Fruit salad.
Kaitlyn: ‘Do we get to climb trees?’

Ms Ng: ‘Well, at school we have very big trees that are not so good for climbing, but we do have the spider web which is great for climbing.

The Kindergarten children then had some important information to share with us.

Zoe: ‘When you need sight words they are all on the board. You can use them if you want to spell something. You get them and then write them in your book.’
Maddison: ‘If you want to say something (in class) you put your hand up’
Ariana: ‘Don’t worry if you can’t read or write or spell when you first start school because we are all still learning.’

Thank you to the children in KN for sharing such great information with us. We then joined all of the Kinder children for a morning tea. We visited Mrs. Sampson in her office. We chatted with Sue and Colleen at the canteen and found out what we need to do if we need to order our lunch or buy something from the canteen.

We watched the children getting ready to go back into class. They had to sit under the COLA and wait for their teacher.

Last but not least, we enjoyed a play at APEX Park!!!
CHILDS WORKSHOP
For 5 – 12 years

Monday 12 & Tuesday 13 January 2015
9am – 4pm

$150 for both days. Limited places available

For more information please visit shoalhavenentertainment.com.au
or contact the Box Office 1300 788 503

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Adventure, new friends and wild locations.

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Tues & Thurs 7.30am walks with Heart Foundation
Walking group, leaving from the Aquatic Centre
29 Nov 10am, Bomaderry Creek Walk, with National
Parks Wildlife Service
1 Dec Know Your Food workshop with Red Cross
3 Dec Tai Chi
9 Dec Supermarket Tour with Red Cross
10 Dec Tai Chi
13 Dec 10am, Bomaderry Creek Walk,
with National Parks Wildlife Service

Join the free Get Healthy Service on 1300 806 258

For more information contact:
facebook.com/bomaderrychallenge
bomaderrychallenge@yahoo.com
or call Kim on 4424 6389, 4455 5366

We love 1AM, we will be back
next hope to see you in one of
the following programs

Fitness/Challenges
2014 & 2105 Program Starting Dates:
Monday 11th October, 2014
Monday 23rd February, 2015
Monday 27th April, 2015
Tuesday 21st July, 2015
Monday 12th October, 2015.

Pre bookings essential, limited spots.
Book now. All programs are for 6
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