



TUESDAY
Butter
Chicken
 SmI \$3.00
 Large \$4.50

WEDNESDAY
 Pasta
 SmI \$3.00
 Large \$4.50

THURSDAY
 Beef
 Massaman
 Small \$3.00
 Large \$4.50

NAC VALUE MEAL
 Chicken Burger
 Small Moove
 Pkt Popcorn
 \$5.00

RECESS		SANDWICHES/WRAPS/ROLLS		TOASTED TURKISH FOCCACIAS	
Fresh Fruit	\$1.00	Vegemite	\$1.00		
Custard Cup	\$1.00	Cheese	\$1.00	1. Bacon, lettuce, avocado &	
Large	\$3.00	Egg & Lettuce	\$3.00	tomato	\$6.00
Banana Bread (Gluten Free available)	\$2.50	Ham, Cheese & Tomato	\$4.00		
Fresh Fruit Salad	\$2.50	Chicken, Lettuce & Mayo	\$4.00	2. Chicken, sweet chilli sauce	
Muesli, Fruit & Yogurt Cup	\$2.50	Avocado or Cheese Salad	\$4.50	Avocado, semi-dried tomato &	
Muffins	\$2.50	Falafel Salad	\$4.50	baby spinach	\$6.00
SNACKS		Sweet Chilli Chicken	\$4.50		
Popcorn	\$0.50	Chicken & Avocado	\$4.50	3. Roast sweet potato, zucchini,	
Bliss Balls	\$0.50	Made on Wholemeal, Multigrain & White Bread.		Tomato, baby spinach, hummus &	
Pretzels	\$1.00	Gluten Free bread & wraps available.		cheese	\$6.00
Snack Pack (Hommus, carrot, celery)	\$1.00	SALAD BOXES			
Gingerbread People (GF available)	\$1.50	Mini Salad	\$2.00		
		Greek Salad	\$4.00		

HOT FOOD		DRINKS		
Corn on the Cob	\$1.00	Juice Poppers	\$1.00	
Cheese Sandwich Toastie	\$1.00	Water 600 ml	\$1.50	
Chicken Tender Bite	\$1.20	Plain Milk	\$1.50	
Mini Pie	\$1.50	Moove	\$2.00	
Sausage Roll	\$2.50	Oak Large	\$3.50	
Summer Wrap	\$2.50	Hot Chocolate	\$2.00	
Pies (Beef, Cheese & Bacon)	\$3.00	Juice Small	\$2.00	CANTEEN ONLINE ORDERING
Cheese & Spinach Rolls	\$3.00	Large	\$2.50	
Noodle Cups (Chicken or Beef)	\$3.00	Sparkling Ice	\$3.00	For enquiries call Flexischools
Potato Pie	\$3.00	Aloe Vera	\$3.00	1 300 362 769
Ham or Chicken Wraps	\$3.00			www.flexischools.com.au
Cheese Burger	\$4.00			
Vegetarian Burger	\$4.00			
Chicken Burger	\$4.00	FREEZER		
Chicken Burger + Salad	\$5.00			
Tandori Chicken Wrap	\$4.50	Icy Bites	\$0.50	If you would like to volunteer in the canteen
Mexican Wrap	\$4.50	Calippo	\$1.00	your time would be greatly appreciated
Vegetarian Wrap	\$4.50	Icy Twist	\$1.00	Please call Sue 4421 7711
Lasagna	\$4.50	Paddle Pop	\$1.50	You will be required to have a WWC clearance
		Paddle Pop Shaky Shake	\$2.00	You can obtain this through
		Frozen Yogurt	\$2.00	www.newcheck.kids.nsw.gov.au
Sauces (Tom, BBQ, Sweet Chilli)	\$0.30			
NOODLE CUPS & COFFEE, TEA PRODUCTS				
NOT AVAILABLE TO JUNIOR STUDENTS				