From The Principal

Welcome to our first newsletter for 2014. It has been a busy and productive start with staff actively preparing for the new year.

In the holidays I was fortunate to visit Tasmania and we explored the east coast of this beautiful area of Australia. It is the first time that I have been referred to as a mainlander. I would like to highlight two places that we visited in order to explain two areas that I would like our students to focus on this year.

For many years I have wanted to see Wine Glass Bay. I have seen many pictures of this area and I had it on my bucket list to see. When we arrived, I was quite taken aback by the starkness of the mountains at the Freycinet National Park. The walk to the lookout was very steep and the ensuing walk down into the bay tested my knees. The effort, however, was worth it. The view was magnificent both from the lookout and the beach. So while the walk was challenging, the endpoint was well worth the effort. I would like this year for our students to place effort into their learning. It is vitally important that students achieve their best in all classes and they will reap the benefits if they put in their best effort. I encourage our students to develop the culture of academic excellence by putting in the effort to achieve.

The second place that I would like to talk about is MONA. MONA is the Museum for Old and New Art in Hobart. It was a fascinating place. I can’t say that I particularly liked all the exhibits that I saw but there was one artwork that has made an impact on my thinking. This artwork consisted of a waterfall which dropped water in the shape of changing words. The words hung in the air for about a second and then dropped away to nothing.

On contemplation, this artwork reminded me of the words that we utter. Words seem to hang in the air for a second and then they are gone, but often the impact of these words last much longer. I would like our students to think this year about the way they speak to each other. The words that we speak, either good or bad, have a lasting impact on each of us. There is a verse in the Bible that says we will give account for every careless word that we have spoken. (Matthew 12:36) I encourage our students to focus on speaking well in all instances. Our school should be a place where we treat all members with dignity and respect and our words are vitally important in this area.

I express a warm welcome to all new families and I am looking forward to working with all our students, staff and families this year.

Lorrae Sampson
Executive Principal
Honour The Past, Hope For The Future

It is with much joy and great privilege that I commence as your Chaplain at Nowra Anglican College. I particularly empathise with other staff, students and families who are likewise starting on a new journey; we are collectively the Newbies of 2014! I am also greatly appreciative of the ministry of Rev Gary Eastment, whom I know is greatly loved by the College community and who encouraged the faith of many. I have known Gary for many years and led a Bible study he was a member of at Sydney University; it is ironic that he now finds himself returning to minister to uni students at Armidale.

My first Chapel addressed the topic ‘Honour the past, hope for the future’. We often find ourselves in such a life transition where we have one eye on the past and the other on the future. It helps to form who we are and who we are becoming as we move forward. My wife and I are finding a new church, settling into a new home, establishing new friendships and discovering all the local essentials (Bomaderry Macca’s) associated with a transfer from Sydney. I think of the Australian cricket team who have been motivated this summer to again achieve such tremendous results which reflect our successful heritage in cricket, while seeking to cultivate their own legacies and traditions. As humans we can’t just forget the past, nor should we.

The writer to the Hebrews picks up some of this in Chapter 11 and 12 of his letter. He encourages the early Christians to strive to grow in their faith, pressing forward as if athletes in a race to win the prize. He cites a cloud of witnesses who are cheering and spurring them on, those from the ‘Hall of Faith’ of old: Abraham, Moses and David, to name a few. The chief example though, is the Lord Jesus himself, “the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God” (12:2).

I invite you to join me in looking to an exciting year ahead as a College and in our growth in faith in Jesus, to put off those things which entangle and prevent us moving forward with hope for the future. We can be motivated by Biblical heroes of the past and Christian leaders of the present, like Rev Eastment, who will continue to cheer for us all as we move forward. We can cheer each other on. But most of all, let us be motivated in our lives as we consider that Jesus gains the eternal victory for us of eternal life through his death and resurrection. Let us together, with God, make 2014 an awesome year at NAC. Honouring the past, hoping for the future!

Jim Dayhew
Chaplain

From The Head of Junior School

As we begin the 2014 school year I would like to warmly welcome families back and particularly those who are new to the College, including our Kindergarten children and children to other grades: Amelia Mc Mordie, Elli HalANK, Chantelle Roullstone, Abby Bice, Bradley Cooke, Runako Chidviza, Samantha Dale, Claire Thomas, Meagan Davis, Jaydon Sinnamon, Lucinda Adamson, Mayah Leach, Thomas Vaughan.

We also extend a big welcome to our new teacher. Mrs Nicky Winter has come to us from Sydney where she was teaching at Tyndale Christian School. Mrs Winter is teaching Year 1 this year.

It’s always good to look forward to a new year and to anticipate all that it might that hold. One of these things is our new Enrichment Centre.

Enrichment Centre

We are very excited about our new Enrichment Centre which has been established in B block. We anticipate that our lovely new furniture will promote collaborative learning and will add extra excitement to the children’s learning. However, our Enrichment program is not constrained by four walls.

In 2014, we are broadening the Junior School Enrichment program and taking it into every classroom (Years 3-6) so that each student participates in philosophy and thinking routines, designed to equip them with essential skills for the 21st Century. There is an emphasis on developing excellent collaboration skills, exposure to critical and creative thinking scaffolds and a focus on peer and self-evaluation.

Each week, all of Year 4 will be participating in a project-based learning task (PBL) with Mrs Connor. PBL is a set of
learning experiences and intellectually challenging tasks that guide the students through inquiry towards solving a
problem, answering an opened central question, or meeting a challenge. The students explore real life issues and then
creatively demonstrate what they have learnt. We look forward to inviting parents in to see their children’s work and to
understand how their children are learning. This program will prepare our Year 4 students for further challenges in Years
5 & 6.

Mrs Connor will be working with all students in Years 5 & 6. In addition, some students who have been identified as
requiring further challenge and extension will join the Henry Lawson (English) class or the da Vinci (Mathematics) class
for some additional time each week. Our programs are designed to help our students become increasingly critical and
creative thinkers who can confidently articulate their carefully considered ideas on a whole range of issues.

Susan Pearson
Head of Junior School

From The Head of School

Welcome Back

I would like to extend a very warm welcome to all students and their families and a special welcome
to our many new students and families who join us for the first time this year

Diaries have been handed out to students in Week 1. The diary has a new look for this year and
a very functional design. It has had a great deal of student input into its design over the last few
years and I hope that it will be very helpful for parents and students.

College diaries are an integral part of the two-way communication process that takes place
between home and school (as well as being essential to student’s organisation of their academic activities). Please also
be aware that diaries are not to be decorated and that should diaries not be kept in the manner prescribed, students will
be required to purchase a replacement.

Parents/carers are reminded that they need to sign the diaries each week.

David Hamaty
Head of School

Bomaderry Community Preschool

Hello from Bomaderry Community Preschool. As you would be aware Bomaderry Community Preschool is Nowra
Anglican College’s preschool. Although we are located off campus, we are still very much an integral part of the College.
In 2013 we had a large number of children make the transition from Preschool to Kindergarten at NAC. Our Preschool
provides opportunities for children to become very familiar with the school campus and one of the most important
aspects is that they will move in to Kindergarten with a group of peers that they know. Another benefit of attending BCPS
is that as a family you get to meet other families that will also be attending Kindergarten at NAC. Where else can you
find this amazing and valuable opportunity for your child to start Preschool and finish Year 12 all in one school.

BCPS has a dynamic learning environment that integrates a play based learning curriculum within a natural and
aesthetically beautiful environment. If you would like to find out more about our Preschool please call 44214034 or drop
in for a visit….. You will not be disappointed. We are located on the corner of Birriley and Coomea streets Bomaderry.
We currently have limited vacancies.
Aboriginal Education Mentor

We would like to welcome Richard Luland to Nowra Anglican College. Richard is replacing Sarah Naden as our new Aboriginal Education Mentor.

Richard is well known in the Shoalhaven area and has a wealth of experience as a mentor having worked in this role at Shoalhaven High School; as well as being involved in a number of local community initiatives such as the Men’s Shed, Black Cockatoo Dance Program, Youth Access forums, Australian Indigenous Mentor Program and adult training and education programs. Richard has a Graduate Diploma in Indigenous Health Promotion from the University of Sydney and will be working with our Indigenous students from Kindergarten to Year 12.

Sarah is now working as a Kindergarten teacher for the Department of Education and we congratulate her on her new appointment and wish her every success in her teaching career.

There will be opportunity for parents and carers to meet with Richard at our next Indigenous community meeting.

Members of the Nowra Anglican College community are invited to the
Commissioning Service of the Executive Principal, Mrs Lorrae Sampson and Lay Chaplain, Mr Jim Dayhew on Friday, 21 February, 2014 at Nowra Anglican College commencing at 10.00am in the College Gymnasium

To assist with arrangements, please RSVP by Friday, 14 February to Mrs Sue Sproule on 4421 7711

E: ssproule@nac.nsw.edu.au

Once again, Nowra Anglican College have entered a team in the Cancer Council’s Relay for Life.

Our team is called “NAC for life!”

This year the Relay takes place at the Nowra Showground on Saturday 29th and Sunday 30th March 2014.

We would love to have parents, students and friends of the College join our team for this event; so come on, join us for some fun and pledge your support to fundraise for our team: NAC for Life!

For more information or to join our team simply go to:
or contact Fiona Schreurs on ph 0401 002 315 or email schreurs@shoal.net.au

join the NAC for life! team

We look forward to seeing you on the track!
NAC 2014 Music Ensembles

We are excited to inform you of the opportunities available for students to be involved in musical activities at the College in 2014. There are a number of ensembles in Junior and Senior School. Please feel free to contact Mrs Natalie Guile with any enquiries. She can be contacted on 0244 217 711 or by email; nguile@nac.nsw.edu.au

<table>
<thead>
<tr>
<th>Ensemble</th>
<th>Students involved</th>
<th>Rehearsal time and venue</th>
<th>Director / Contact person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior School Band</td>
<td>Junior School Band Instrumentalists (Yr 2-6)</td>
<td>Ensemble rehearsals will begin in Term 2, 2014 at 2:20pm in the MPC.</td>
<td>Mrs Natalie Guile (Music Department) <a href="mailto:nguile@nac.nsw.edu.au">nguile@nac.nsw.edu.au</a></td>
</tr>
<tr>
<td></td>
<td><em>Ensemble members must be learning an instrument with a private tutor.</em></td>
<td></td>
<td></td>
</tr>
<tr>
<td>JS Percussion Ensemble</td>
<td>Junior School (Yrs 4-6). <em>Tuition/Ensemble fee of $40 per term. Participants must enrol through the Peripatetic program.</em></td>
<td>Weekly rehearsals at 2:20pm on Mondays in the Recital Room and D5, beginning 10 February.</td>
<td>Mr Izac Sadler 0447 506 476</td>
</tr>
<tr>
<td>JS Guitar Ensemble</td>
<td>Junior School (Yrs 2-6) <em>Ensemble members must be learning guitar with a private tutor.</em></td>
<td>Fortnightly on Mondays at 2:20pm in H13, beginning Mon 10 February.</td>
<td>Mr Matt Panopoulos (Music Department)</td>
</tr>
<tr>
<td>Stage 1 Choir</td>
<td>All students in Year 1 and 2</td>
<td>Fortnightly on Mondays at 2:20pm in the Recital Room, beginning Mon 10 February.</td>
<td>Mrs Beth Reading (Music Department) <a href="mailto:breading@nac.nsw.edu.au">breading@nac.nsw.edu.au</a></td>
</tr>
<tr>
<td>Junior School Choir</td>
<td>Junior School students who choose to participate (Yrs 3-6).</td>
<td>Weekly from 1:30-2:00 on Tuesdays in the Recital Room beginning 11th February.</td>
<td>Ms Sarah Turvey 0409 316 781</td>
</tr>
<tr>
<td>Concert Band</td>
<td>Intermediate –Advanced players of Brass, Woodwind and Percussion. Please contact Mrs Guile for further information and acceptance to the ensemble.</td>
<td>3.30-4.45pm Mondays in MPC beginning Monday 10 February.</td>
<td>Mrs Natalie Guile (Music Department) <a href="mailto:nguile@nac.nsw.edu.au">nguile@nac.nsw.edu.au</a></td>
</tr>
<tr>
<td>Jazz Band</td>
<td>Intermediate – Advanced Senior School (Yrs 7-12) performers of Jazz Band Instruments. Please contact Mrs Guile for further information.</td>
<td>3.30-4.30pm Tuesdays in H14 beginning 11 February.</td>
<td>Mr Ben Jones 0403 372 620</td>
</tr>
<tr>
<td>Senior School Vocal Ensemble</td>
<td>Senior School (Yrs 7-12) students who wish to participate in singing as part of an ensemble.</td>
<td>3.30-4.30pm Thursdays in the Recital Room beginning 13 February.</td>
<td>Ms Sarah Turvey 0409 316 781</td>
</tr>
<tr>
<td>String Ensemble</td>
<td>Junior and Senior School string players. <em>Ensemble members must be learning an instrument with a private tutor.</em></td>
<td>11.50-12.20pm on Fridays in D5 beginning 7 February.</td>
<td>Mr Dal Oldham 0414 388 530</td>
</tr>
<tr>
<td>Senior School Chapel Band</td>
<td>Senior School Musicians. Please contact Mr Panopoulos or Mr Dayhew for further information.</td>
<td>Start date, rehearsal time and venue TBC.</td>
<td>Mr Matt Panopoulos (Music Department)</td>
</tr>
</tbody>
</table>
Peripatetic Music and Speech & Drama Lessons

Does your child want to learn how to sing better, play an instrument or develop their speaking and acting skills?

Enrol them for Peripatetic lessons! In addition to lessons in Speech and Drama, musical instruments taught include Flute, Clarinet, Saxophone, Oboe, Violin, Viola, Cello, Trumpet, Trombone, French Horn, Percussion, Drums, Guitar, Keyboard, Piano, Recorder and Singing.

These lessons are provided by our team of experienced and highly qualified tutors. Application forms are available at Student Services.

Please contact Sarah Turvey with any enquiries: 0409 316 781 / sjтурvey@aapt.net.au

NAC Online Writers

Blogging in 2014!

Good writing is a kind of skating which carries off the performer where he would not go.
Ralph Waldo Emerson

This could not be truer for students at NAC! Those who published their writing on www.naconlinewriters.wordpress.com in 2013 had their writing viewed about 1,500 times by people from all around the world. The busiest day of the year was August 13th with 210 views. The most popular posts that day were in the Short Stories category. Viewers came from the countries listed below (numbers show the number of views from each country).

Australia ~ 1,294
USA ~ 43
UK~ 26
France ~ 11
Brazil ~ 9
Poland ~ 7
Italy ~ 5
Russia ~ 5
Canada ~ 4
Norway ~ 4
Ireland ~ 3
India ~ 3
Philippines ~ 2
Netherlands ~ 2
South Africa ~ 2
Turkey ~ 2
Hungary ~ 1
Yemen ~ 1
Germany ~ 1
Switzerland ~ 1
Lithuania ~ 1
Finland ~ 1

We’re making NAC globally recognized for its wonderful writing! So let’s make 2014 an even busier year - when you write something you love, email it to Mrs Jones (kjones@nac.nsw.edu.au) for it to be published online!

Keturah Jones
English Department
NOWRA ANGLICAN COLLEGE newsletter p8 Term 1 Week 2

**Tuesday 11 February - Picnic in the Park -4.30pm-6.00pm**

We invite parents, carers and their children to enjoy a Picnic in the Park next Tuesday 11 February. The purpose of the event is to provide an opportunity for parents to meet the teachers and to network with other parents. It’s a great opportunity to ‘put names to faces’. We encourage you to bring your picnic basket and enjoy a relaxed afternoon in our lovely playground.

**Friday 14 February - NAC Junior School Swimming Carnival**

Our swimming carnival will be held at Bomaderry Pool. Parents are most welcome to come along.

**Thursday 27 February - Parent Morning 9.00-10.00am**

Parents and carers are invited to attend our first parent morning where the topic will be ‘Helping in the Classroom’. If you would like to help in the classroom this year, we strongly urge you to attend this event. Morning tea will be served and it’s an opportunity to meet other parents.

**Uniform**

It’s very pleasing to see the way in which our Junior School students wear their uniform. They are a credit to their school and to their parents.

**Shoes**

Please take note of our uniform policy which is clear with respect to shoes. Shoes must be traditional black leather lace-ups for normal summer and winter uniform and white (or predominantly white) lace-ups for sport.

**Chapel**

Every week our children attend Chapel in the Recital Room. This is always a highlight of the week and our children really enjoy being active participants in Chapel. Parents are warmly invited to come along at any time.

Chapel times this year are:
K-2: Fridays 12.00pm; Years 3 & 4: Thursdays 2.30pm; Years 5 & 6: Friday 2.30pm

**Homework**

At the beginning of each new school year children learn about their homework expectations. How formal homework is managed will vary from class to class, according to the expectations of the teacher.

The main purpose of homework is for children to *practise* independently things they have learned during the day, so as to consolidate that learning. It is not meant to be a time to try new things or to learn new concepts and skills. Therefore, parents should not find themselves in a teaching situation. The role of the parent is to encourage, support and supervise. If you find that the homework is too difficult or is not meeting your child’s needs, please make a time to meet with the teacher so that you can discuss your concerns. We want homework to be helpful and manageable for your child.

Some of the typical tasks can include:
- rewrite the week’s spelling words using the Look/Say/Cover/Write/Check method
- Activities associated with the spelling words e.g. find dictionary meanings, arrange alphabetically.
- practise some Mathematics e.g. memorise tables, complete number sentences
- some tasks which don’t require new learning e.g. designing title pages, drawing a diagram

**News From Junior School**
• Read all or part of a book aloud or silently, according to age and reading development.

Projects are **not** set as homework because we want our children to do the work. We don’t set homework for parents! Homework is **not** set during the holidays. However, we always encourage children to keep reading every day during their breaks.

Please take note of the suggested time that children should take on their homework. If you are concerned that your child is greatly exceeding this time, please talk to their teacher.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Suggested Time</th>
<th>Suggested Tasks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>10 minutes 4 nights per week</td>
<td>• Home reading</td>
</tr>
</tbody>
</table>
| Year 1     | 10-15 minutes 4 nights per week | • Home reading
             |                                 | • Spelling                                           |
| Year 2     | 10-15 minutes 4 nights per week | • Home reading
             |                                 | • Spelling
             |                                 | • Other homework may include Maths or simple research related to unit work |
| Years 3 & 4 | 15-20 minutes 4 nights per week | • Reading
             |                                 | • Spelling
             |                                 | • Mathematics                                       |
| Years 5 & 6 | 25-30 minutes 4 nights per week | • Reading
             |                                 | • Spelling
             |                                 | • Mathematics
             |                                 | • Revision of work for a test
             |                                 | N.B. There is an additional focus on the development of study skills |

In the next couple of newsletters I will provide some more tips for parents on how to more effectively manage the homework routine. I rather like this poem. I’m sure that teachers have heard even more bizarre reasons for not handing in homework!

**All My Great Excuses**

I started on my homework
but my pen ran out of ink.
My hamster ate my homework.
My computer’s on the blink.

I accidentally dropped it
in the soup my mum was cooking.
My brother flushed it down the toilet
when I wasn’t looking.
My mother ran my homework through the washer and the dryer. An airplane crashed into our house. My homework caught on fire.

Some aliens abducted me. I had a shark attack. A pirate swiped my homework and refused to give it back.

I worked on these excuses so damned long my teacher said, “I think you’ll find it’s easier to do the work instead.” (Kenn Nesbitt)

Susan Pearson
Head of Junior School

News From Senior School

Welcome Back

I would like to extend a very warm welcome to all students and their families and a special welcome to our many new students and families who join us for the first time this year. I welcome the many new students joining the College for the first time in Year 7 from elsewhere as well as from other years.

Student Runners

Everyday a student from Stage 4 is selected to be the College runner. They help Admin with tasks and messages for the day during class time. Runners are drawn alphabetically from Year 8, then Year 7, and then Year 6 starting Week 2.

Uniform

The College Diary explains the ways that students should wear their uniform correctly. If a student does not wear their uniform correctly they may receive an infringement in their diary from a teacher or prefect. Three infringements in a semester results in a lunch detention with a Pastoral Leader. Three lunch detentions in a semester will result in an afternoon detention with their Pastoral Leader or myself on an afternoon from 3.30-5.00pm.

Students who blatantly do not comply with the uniform rules will be removed from classes and sent home. Girls’ hair, if it is longer than shoulder length, needs to be tied back with a plain band or plain red, white or blue ribbon. The exception to this is Collegian girls who may wear their hair out, as long as it is pinned back from the face and is neat and tidy.

Students have been reminded to wear correct footwear and hats to sport on Wednesdays. Senior School students may wear shoes that are not predominantly white. This is a change to the uniform policy that unfortunately did not make it into the guidelines within the diary prior to publishing.

Mobile Phones and Valuable Items

Students who need to have a mobile phone whilst they are at the College are required to have them switched off whilst they are on school property. Students wishing to make a private call may only do so in cases of emergency and in this case, students should go to Student Services, give their reasons to the office staff who will give them access to a phone. Senior School students using a mobile phone at the College run the risk of having their phone confiscated until the end of the day. Students are advised not to bring valuable items to school. If they need to do so, they should be kept on their person and not left in their bag.

Aerosols

Students are not to bring aerosols to school as they cause respiratory problems for certain students. Students using
aerosols will have them confiscated and other disciplinary action may result.

Camps

Annual camps are held for students from Year 4 upwards. The camps provide great opportunities to develop cohesion among the students as well as to further explore faith issues. It is compulsory for all students at the College to attend the relevant camp. Camps in Years 7-11 are three days. Attendance and achievement of camp outcomes is detailed on semester student reports.

Outcomes of camps

Camp activities seek to develop in students:
- A strong positive social identity
- Self confidence
- Independence and self-reliance
- Social/community interdependence
- Seeing the benefit of challenges
- Personal growth
- Insight
- Teamwork
- Environmental appreciation
- Understanding of the gospel
- Reflection on personal faith

Class Placements

Class placements are determined by performance in the last semester. New students are allocated to classes based on relevant entrance tests and past reports. Year 7 will undergo further testing in the first two weeks to determine final class placements. This may mean that some students may move classes. Otherwise class placements are evaluated at the end of Term 2 and Term 4.

Distance Education

Students may use the room next to my office in Admin to phone distance education facilitators and to teleconference lessons.

New Directions For the Year

A number of exciting new initiatives are happening this year. Our Year 7 program this year contains two new developments: project-based learning and study skills.

Our project based learning unit will run once per fortnight. During this time, year 7 students will work on an extended project for 6 months. The focus of the unit is literacy however along the way students will also gain valuable IT and research skills.

Year 7 and Year 11 will now be participating in a study skills program each fortnight. Obviously the focus of each program will be quite different. The year 7 program will look at skills that will set them up for developing good habits in future years. The year 11 program will focus specifically on study skills for HSC courses.

Arrangements for year 11 this year include our new VET and eLearning pathways. We have a number of students studying Hospitality, Entertainment Industry, Primary Industries and Information & Digital Technology. These are offered to students at both NAC and SAS.

A number of students have also chosen to study a course through eLearning. The development of this approach to study means greater flexibility for our students and a much greater number of combinations of study patterns for students in senior years.

Awards

Congratulations to Angélique Riou who has been awarded a Bronze Academic Light of the Cross Award and Bronze Service and Character Award this week.

David Hamaty
Head of School
National Youth Science Forum 2014

Recently Kai Illesca, Amy Aquilina and Georgia Love of Yr 12 attended the National Youth Science Forum for 2014. Kai attended the Perth session in mid-January, Amy attended the mid-January session in Canberra and Georgia the late January session also in Canberra. The three of them have returned in a daze, completely overwhelmed by the awesome experience that each of them had. Some of the highlights included a video conference with the scientists at the CERN Particle Accelerator in Europe, working at the Therapeutics Goods administration laboratories for a day, CTEC which is a medical training facility where they performed simulated surgeries such as colonoscopies, endoscopies, wound stitching and nano surgery just to name a few.

Outside the “nerdy science stuff” there was Science Disco (and yeah that’s not nerdy at all), a bush dance in a wool shed (again, not nerdy at all) and experienced the life of a university student, living on campus for the 12 days of the session. All three strongly agree that this was an opportunity of a life time and nothing prepared them for the fantastic time that they have had. They have also made important connections and established networks that will help them as they move from school and off to work and university.

We cannot recommend strongly enough to students studying a science course in Yr 11 to apply to attend 2015 NYSF. It is something that you will never regret nor forget.

Gold Duke of Edinburgh

Three students from NAC, Nicola Panopoulos, Tahlia Urquhart and John Daley joined in with 6 students from SAS to do their Gold qualifying walk in the Snowy Mountains. It was a hard walk but heaps of fun. The campsite on the second night was particularly amazing.
Maths

The National Curriculum has arrived! Years 7 & 9 have begun studying the new Mathematics Syllabus this year, with Years 8 & 10 to follow in 2015. All students have a new textbook and online learning package and in addition Year 7 have a skill building homework program. Mathematics Counts!

John Day
Head of Mathematics

Science

From Wednesday 15th January to Friday 17th January 2014, Louise Davidson and myself attended the Conoco Phillips Science Experience at the Macquarie University in Sydney. The three days included interesting lectures from Mariella Herberstein on bugs and grasshoppers, a lecture from Joanne Jamie on physics and neurological disorders and a lecture from Culum Brown discussing fish behaviors, fisheries and aquaculture.

After the initial meet and greet with a few games we were split into groups of 20 persons and started our activities. We learnt about Robots and their use of sensors to accomplish a task. We did a Laser workshop about coloured plastic optical fibres and how to use a spectrometer to determine wavelengths.

My favourite part of the three day program was Medicine and going to the Macquarie University Hospital. It has a Da Vinci robotic surgery system, the only Gamma knife in Australia and a cyclotron – a medical imaging system capable of taking 3D images. This was totally mind-blowing and I loved it.

Other activities included Indigenous Science and the making of a stone axe. Chemistry with experiments like, making nylon thread and slime which was lots of fun and also stimulating the appearance of the stars at night called Planetarium. This was an enjoyable experience and I would recommend to any other student thinking of taking up this opportunity.

Sally Woods, Yr 11
Senior School Sport

Jamie Priestley

In the Australia Day Ceremony held by the Shoalhaven City Council at Nowra Showground, the achievements, talent and prospects of one of our students, Jamie Priestley of Yr 11, were recognised when she was awarded the Shoalhaven Junior Sports Australia Day Award. Jamie was nominated for the award by the Bernie Regan Sporting Trust in November last year. It was an extremely exciting gesture and we were all very proud just for the nomination. Jamie is a highly accomplished show jumping rider and competes in both junior and senior competitions.

Twice last year Jamie represented Australia in Germany and the Netherlands, bringing home a Sportsmanship award from Germany as well as top 10 placing's in all of her events, and a second place from competitions in the Netherlands. Jamie’s success here in Australia also contributed to her winning the award. Earlier this year she was crowned the NSW Young Rider Country Champion (under 21 years) and has also won in Open Show Jumping Competitions at Dapto, Kiama and Berry shows, as well as winning the Junior Championships at Kiama and Berry shows. Jamie is now preparing for Canberra and Sydney Royal Shows and we wish her every success in the future.

Coming Up

Tue 11 Feb  JS CSSA Super 8s Cricket Gala Day
JS Meet the Teacher
JS Picnic in the Park
SS Yr 11 & 12 Drama Excursion

Thu 13 Feb  SS Swimming Carnival

Fri 14 Feb  JS Swimming Carnival Yr 3 - 6

Fri 21 Feb  Commissioning Service for Principal and Chaplain
JS Paul Kelly Cup AFL Gala Day

Thu 27 Feb  JS Shoalhaven Football Soccer Clinic
SS SASSA Swimming Carnival
JS Parent Morning

Fri 28 Feb  JS Shoalhaven Football Soccer Clinic
Yr 11 Senior Ball

Mon 3 Mar  Mid Term Break

Thu 6 Mar  JS SASSA Swimming Carnival

Wed 12 Mar  SS Bundanon Art Camp 2014 Begins
Community News

Netball Registration
Play in the 2014 Shoalhaven Netball Association competition on Saturdays this year from March to September with NORTH NOWRA BOMADERRY NETBALL CLUB. All training and games take place at the Park Rd Netball Complex, 24 John Purcell Way, Nowra (opposite St. Johns High School).

Our registration days are on Saturday 1st and 8th Feb at the netball courts addressed above from 9 AM - 12 PM. If you have any queries, please email us at nnbnc@exemail.com.au

St Georges Basin Football Club
invites registrations for season 2014. We shall be registering teams from under 6’s thru to 18’s. All new players must bring an original birth certificate on the day of registration.

Re-registrations may go on line at www.myfootballclub.com.au. New registrations & re-regs (wishing to pay cash) should show up in person on Saturday February 15th or Sunday February 23rd, from 10.00am thru 2.00pm, at the Basin Sports Ground, The Wool Road, St Georges Basin.
Please visit www.basinsoccer.com.au for all registration details.

Save the Date - Saints Netball Club 2014 Registration Days
Saturday, 8th and 15th February from 9:00am to 12:00pm at the Shoalhaven Netball Courts
Wednesday, 12th February from 3:00pm to 5:00pm at St Michael’s School Hall

Player Registration Forms are available to download from the Saints Netball Club Facebook Page. Alternatively, If you are unable to attend either of these registrations days please contact Neil Mahoney on 0425 203 360.

Bomaderry Junior Rugby League Football Club
are still taking Registrations on training days Starting February 11 at Bomaderry Sporting Complex 4.00pm - 5.30pm. The club will be entering teams from the Under 6’s - Under 16’s. The club is also looking for girls aged between 12 - 14 years to play in our League tag competition.

Registration includes Shorts, Socks and a Training Shirt. All new players must bring an original birth certificate. For more information contact the President Steve on 0403591014.

Pritchard Tennis Academy
Tennis Coaching is available at Narang Road, Bomaderry (behind Ten Pin Bowling). We cater for all ages and abilities.

We coach players from beginners to tournament level. There are group, shared, private and adult lessons. For all enquiries contact Mark 0427961101 or Vicki 0412134840

Can Saver Plus assist you with school costs?
Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:
• school uniforms and textbooks
• computers, laptops and tablets
• excursions and camps
• sports equipment, uniforms and lessons
• music tuition and instrument hire.
You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 16 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Lindi Jamieson-Brown, your local Saver Plus Worker: (02) 4254 4505 / 0427 439 234
or lindi.jamieson-brown@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in association with The Smith Family.
The program is funded by ANZ and the Australian Government.
WHAT’S YOUR NEW YEAR’S RESOLUTION?
HOW ABOUT BECOMING A CARESOUTH AUNTY OR UNCLE?

EVERYDAY
CareSouth
www.everydaycaresouth.org.au
1300 554 260

To find out more, come and talk to us at your local information session:

INFORMATION SESSION
Date: 27 Feb 2014  Time: 6.00pm  Location: Bomaderry Bowling Club
Phone Michelle Barham on 0417 440 682
for more information and to register your spot
154 Meroo Road, Bomaderry

Uniform Shop Hours

Opening Times (Term 1 2014)
Mon  8am to 4pm
Wed  8am to 4pm
Fri  8am to 4pm

Contact NAC
Phone: (02) 4421 7711  Email: enrol@nac.nsw.edu.au
Web: www.nac.nsw.edu.au  PO Box 2382  Bomaderry NSW 2541
FREE
COME AND TRY
SPORTING SESSIONS

SHOALHAVEN WOMEN IN SPORT
Encouraging girls and women to be more active
Launching on International Women’s Day Saturday March 8th 2014
Girls and women across the Shoalhaven are invited to come along to free
come and try sporting sessions. If you’ve always wanted to try a sport then
check out the program below and come along and have some fun.

PROGRAM

SATURDAY, MARCH 8
ULLADULLA & DISTRICT NETBALL ASSOCIATION
9am - 12pm. West Ulladulla Sports Park, Ulladulla. Kyle 0412666644

NOWRA WATERDRAGONS
WELLBEING AND FITNESS EVENT
10am-12pm. Paringa Park, Shoalhaven River. Robyn 0404 040593

SHOALHAVEN HOCKEY ASSOCIATION
10am - 12pm. Bernie Regan Sporting Complex, North Nowra. Krisly 0401 763 558

SUNDAY, MARCH 9
MILTON ULLADULLA WOMEN’S BOWLING CLUB
10am-12pm. Milton Ulladulla Bowling Club. Ulladulla. Sandra 0409666314

MONDAY, MARCH 10

NOWRA SHOALHAVEN TOUCH ASSOCIATION
5.30 - 6.30pm. Lyrebird Sports Ground, Nowra. Rosemary 0400036753

WEDNESDAY, MARCH 12
MILTON ULLADULLA CROQUET CLUB
10am – 12pm. Milton Ulladulla Croquet Club, Milton. Dee 4455 4953

SATURDAY, MARCH 15
MOLLYMOOK BEACH WOMEN’S BOWLING CLUB
9.30 – 11.30am. Mollymook Beach Bowling Club, Mollymook. Lyn 44566222

SHOALHAVEN MARINERS BASEBALL
10am - 12pm. Isen Park, South Nowra. Michael 0412221933

SHOALHAVEN TENNIS ASSOCIATION
1-3pm. Neiarang Road Tennis Courts, Bomaderry. Phyllis 0419 980 905

MILTON ULLADULLA TENNIS ASSOCIATION
1-4pm. Ulladulla Tennis Courts, Ulladulla. Bsv 0412027275

SUNDAY, MARCH 16
NOWRA VELO CLUB FOR CYCLING
9-11am at Flinders Industrial Complex, Cnr Cumberland St and Tam Thumb Ave, South Nowra. Doug 4421-5597

SHOALHAVEN CRICKET ASSOCIATION
11am - 1pm. Novra Showground + annual Pink Stumps day from 1pm.
Cathy 0400342309

MILTON ULLADULLA CROQUET CLUB
2-4pm. Milton Ulladulla Croquet Club, Milton. Contact Dee Carrington 4455 4953

MONDAY, MARCH 17
NOWRA SHOALHAVEN TOUCH ASSOCIATION
5.30 - 6.30pm. Lyrebird Sports Ground, Nowra. Rosemary 0400036753

WEDNESDAY, MARCH 18
SHOALHAVEN BASKETBALL ASSOCIATION
- MOTHER AND DAUGHTER EVENT
5.30 - 7.30pm. Shoalhaven Basketball Stadium, Bomaderry. Cheryl 44213800

TUESDAY, MARCH 25
MILTON ULLADULLA BULLDOGS WOMEN’S LEAGUE TAG
6-7pm, Mollymook Oval, Mollymook. Jo 0409776930

WEDNESDAY, MARCH 26
MILTON ULLADULLA TOUCH ASSOCIATION
5 - 7pm at Frogs Hollow Sports Ground, Milton. Jenny 041081155

MILTON ULLADULLA CROQUET CLUB
2-4pm at Milton Ulladulla Croquet Club, Milton. Dee 4455 4953

SUNDAY, MARCH 30
MILTON ULLADULLA CROQUET CLUB
2-4pm at Milton Ulladulla Croquet Club, Milton. Dee 4455 4953

For more information contact Community Development Officer
Jody Quinnell at Shoalhaven City Council on Fridays on 44293456
or email: jody.quinnell@shoalhaven.nsw.gov.au