It Takes a Whole Village to Raise a Child

Today I have mixed feelings. Firstly I feel very honoured to be commissioned as the Executive Principal of our wonderful school. However, for those of you who know me, I also feel humbled at having so much attention focussed on me.

I would like to thank the many parents and members of the community for their support by coming to the Commissioning Service. I am firmly of the belief that the process of education is a partnership between the family, the school and the student. The old African proverb comes to mind “It Takes a Whole Village to Raise a Child” (source unknown) and I am well aware of the important role of the family and community in helping our children reach their potential.

It is beneficial when parents are encouraging and supportive of their children as part of the education process. I have always had a practice in my family of making sure that our children are involved in co-curricular events in the school. I encourage children to “do something sporty and something cultural”. Whilst it can sometimes feel like you are a taxi, driving your children to multiple events, the benefits will far outweigh the perceived inconvenience.

I would also like to encourage parents to initiate conversations with their children. In today’s busy world, many parents cannot volunteer at the canteen or in reading programs due to work commitments. Yet we can contribute to the education of our children by engaging them in dialogue about the world and talking about the events of each day. Ask your children open ended questions that invite them to make comment on particular issues. “What is your opinion about….”

Secondly, I would like to thank our students for their part in the Commissioning Service today. Whilst students did not have a choice to come to the service, I have a challenge for each of them. Often students just let education happen to them without engaging in the process. I encourage every student to be involved in their education. Don’t allow school to just be something that you have to have imposed upon you, but make the decision to be involved in your learning. Find the topics that ignite your passion and work on your skills to become good in a wide variety of areas.

It is possible to be good at sport and the creative arts. It is possible to have a flair for mathematics and be able to debate a point in a class debate. It is possible to serve others and learn how to speak a foreign language. My challenge to each student is to totally immerse themselves in the village called Nowra Anglican College.

Finally, I do thank the special guests who came to witness the Commissioning Service today. My friends and family, serve as witnesses to remind me to uphold my end of the bargain. That is, to lead this fine College where all members are treated with dignity and respect, where all students are challenged and encouraged to achieve their best and where God is glorified.

Lorrae Sampson
Executive Principal
Jesus Brings Life To The Full

Like many I viewed the recent mini series featuring INXS, the iconic Australian band of the 1980s and 90s. I remember having their name scrawled across my ex-army supply school back pack! It was so sad to see the life of Michael Hutchence implode over the years as he failed to successfully navigate his personal challenges and the opportunities he had to access drugs, alcohol and other diversions. Tragically, most believe he took his life aged only 37 years old. What a terribly sad tragedy. Even worse, it is not unique for the rich and famous and unfortunately becomes glamourised for our own young people.

In Week 4 Senior Chapel I introduced the theme for this year - Jesus brings good things. This week focused on Jesus bringing life to the full. The key text was from John 10:10 where Jesus says: “The thief comes to steal and kill and destroy; I have come that they may have life and have it to the full”.

When at times life’s pressures come and we feel overwhelmed, Jesus is our good shepherd who cares for his sheep. The words of the well loved Psalm 23 offer the rich life which God provides and an alternative to ways which seek to rob us of the life God has for us:

1 The LORD is my shepherd, I shall not be in want.
2 He makes me lie down in green pastures, he leads me beside quiet waters,
3 he restores my soul. He guides me in paths of righteousness for his name’s sake.
4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.
5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.
6 Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD for ever.

Might we all deepen our understanding and appreciation of the God who gives real life in and through Jesus. He brings salvation for this life and the next for all the Michael Hutchences out there and average people like you and me.

Jim Dayhew
Chaplain

From The Head of Junior School

Parent-Teacher Communication

Research shows that children do better in school when parents talk often with teachers and become involved in the school. There are number of ways that parents and teachers can communicate with each other, rather than relying on the scheduled parent-teacher conferences. Close communications between parents and teachers can help the student. As we embark on a new year, it’s good to think about the ways that parents and teachers can support each other to promote good communication and to benefit our children.

How does our school communicate with parents?

- College handbook (provided to new parents on Orientation Day)
- College newsletter
- Class letters (distributed by teachers at the beginning of each term)
- Reports (at the end of Term 2 and Term 4)
- Parent/teacher interviews (9 April & 30 July)
- Parent mornings
- Meet the Teacher evening
- P & F meetings
- Website www.nac.nsw.edu.au
- Student diaries

How do parents go about communicating with the school?

Please don’t assume that teachers know everything that is happening at school! Communication is a ‘two way street’. Quite often children don’t tell their teachers about something that has happened in the playground, even though they are
encouraged to do so. Sometimes children assume that their teacher must know ‘because the teacher knows everything’!

For both curriculum and welfare concerns, your first point of contact is usually your child’s class teacher. Teachers are very happy to meet with parents at any time, not just at the usual Parent/Teacher Interview evenings. Please make appointments either through the front office or by using your child’s diary to request an interview. Teachers appreciate parents taking the time to express their concerns in person because it gives them an opportunity to follow up the concern. Sometimes, for more serious pastoral matters, it is more appropriate to meet with the Stage Coordinator. Our coordinators are: Stage 1 (K-2) Ms Lucia Piazza; Stage 2 (Years 3 & 4) Ms Joanne McLeod; Stage 3 (Years 5 & 6) Mr Ashley Hale. If your concern has not been resolved to your satisfaction or where you feel it requires intervention at a deeper level, Mrs Pearson, the Head of Junior School, is always available by appointment. Be assured that we want to deal with issues and concerns so that our children are learning and are happy and safe at school.

I thought that parents would find these tips on the Kidspot website helpful.

The 10 things every teacher wished parents knew to help you be the ‘best parent in class’.

1. **Have a set morning routine**
   Kids thrive on routine and a structured morning routine will set your child up for the day—it should always include a big, nutritious breakfast. If your usual routine includes television, just be aware that children who watch TV in the morning are not in the right frame of mind for school. Instead, give your child responsibilities to increase their independence, such as making their beds or packing their own bags.

2. **Be on time every time**
   Teachers love parents who respect bell times explaining that being late to school means your child walks into a lesson that is already underway. It is embarrassing for your child and it can take them a while to settle down and focus on the lesson.

3. **Chill out and don’t be so defensive**
   It’s easy to get defensive if a teacher tells you your child is falling behind in a certain area. But it’s important to remember that it’s bound to happen at some time in every child’s education. Before reacting defensively, listen to what the teacher is saying, so that you can both work together to help your child.

4. **Know your child’s timetable**
   Yes, you are busy, but so is your child. Your child will feel more comfortable about school if you are on top of their routine. Have a weekly calendar with everything that is on at school, such as library day, sports day and music lesson.

5. **Think about what you share with your child**
   Some parents talk about how they don’t want their baby to start school or go on camp because they will miss them. Children take these things literally. Don’t put your worries on your child. Your anxieties become their anxieties. Talk about it later with your partner and save your tears until then.

6. **Keep an open mind**
   As kids are not developed enough mentally to take in all perspectives of an event, keep an open mind when your children are telling you about a school incident. You may hear a story from them about something that happened at school. If it upsets you, ask questions and think about what seems to make the most sense. If you are still unhappy, talk to your child’s teacher about it.

7. **A thank you goes a long way!**
   Teachers often say that we never see a parent unless they have a problem with something. We always love a smile, a wave, or a quick chat with parents.

8. **Teachers wear many hats but can’t be responsible for everything**
   Primary school teachers are responsible for many different jobs and teach a range of different subjects. But they are not responsible for everything to do with your child. They are not qualified doctors, speech therapists, or nutritionists. So try not to take offence if they refer your child to someone with more specific knowledge.

9. **Homework is not a way for teachers to get back at parents**
   Homework, if given out correctly, is the consolidation of the week’s lessons. You and your child’s teacher should use it as a method of monitoring your child’s progress. If your child struggles, or finds the homework too easy, let the teacher know, because homework can be modified.

10. **The teacher is on your side**
    Teachers care about your child and have their best interests at heart. They teach because they love children. Yes, even yours.

Susan Pearson
Head of Junior School
HSC Information Presentation

Every year parents and students seek to fully understand how the whole HSC process works. Ranking, scaling, moderation, ATARs, HSC regulations, illness and misadventure... The whole process can become confusing and daunting, as well as at times a distraction from the whole process of students simply engaging with their education and trying to produce their best. Even seasoned parents with their second or third child sitting the HSC sometimes feel they still don’t really understand the process, or that they are really able to effectively help their child navigate their way through the HSC landscape.

To help remove the HSC “fog” and bring some clarity to the vista that is the HSC, we would like to invite you to a special presentation at the College. We are fortunate to have Mrs Cheryl Russell, our South Coast NSW Board of Studies Teaching and Educational Standards (BOSTES) Liaison Officer, visiting the College on Tuesday, 11th March. While at the College she will deliver a number of presentations, including a Parent Forum from 5:00pm until 6:00pm in the Recital Room.

We have asked Mrs Russell to come to speak to the students in Years 11 and 12 during period 6 on issues pertaining to the Preliminary HSC Course and the HSC Course. Following this presentation she will speak to staff, before having the opportunity to talk to parents and care givers of students in Years 10 to 12.

During the course of the afternoon and evening she will deal with a variety of topics (which will vary depending upon the session) and will include:

- HSC regulations
- Assessment and credentialing of students
- Illness and misadventure procedures
- Disability provisions
- HSC moderation of marks
- Students online
- BOS resources
- “N” determinations
- HSC rankings – implications for students
- The Assessment Resource Centre

The information Mrs Russell will provide will help provide a map for you and your child to navigate your way through the HSC process, so that you can end up at the destination you want, and do it with a minimum of stress. We would strongly encourage you to attend the Parent Forum, and I would also encourage you to bring your daughter or son with you. Light refreshments will be provided.

Senior School Parent Forums 2014

At the end of this NAC Newsletter you will find a SS Parent Forum topics flyer for 2014. The Forum topics are designed to help you better understand the educational process that your child is being involved in, and provide you with some tips to help you support your son or daughter in his or her education. We would encourage you to attend these Forums. They are run every second Tuesday from 5:00pm to 6:00pm in the Library Mezzanine. Light refreshments are provided.

This coming Tuesday (25th February) David Hamaty, our Head of School, will be talking on the use of the Parent Portal in Edumate. This facility in Edumate is becoming increasingly significant in helping you to monitor your son’s or daughter’s progress at school. Through the Portal you can monitor your child’s attendance, discipline issues, rewards received, read relevant academic reports and find out what homework and assessment tasks are due for your child and when, so you can help him or her take control of their education.

Consequently, understanding how the Parent Portal works is important for Parents. Please come along to hear David Hamaty explain how to make the most of the Portal, and how it can help you engage with your child’s education.

Peter O’Donnell
Director of Studies
Parent Mornings

Over the course of the year we hope that you can come to our parent mornings where there is a topic of discussion and morning tea.

Our first morning (Thursday 27 February) is about helping in the classroom. The particular focus is on helping with reading. Even if you are not able to help at school, this session will be useful in learning how to help your child with their reading at home.

Parents who volunteer in any way at school are encouraged to come. We will be talking about the new regulations for working with children and protocols for visitors to the College.

The dates and topics are:

27/2/2014  Helping in the classroom (Focus on reading) (Mrs Pearson)
20/3/2014  Morning for Year 1 & 2 Parents & Children
1/4/2014   Enrichment Program (Talk by Mrs Connor about the change in direction of our Enrichment program this year and what all our students are learning in their normal classes).
27/5/14    Boys education (Talk by our Principal, Mrs Sampson)
31/7/14    ‘Tweens’ (Counsellor –Mrs Jodie Robinson)

StEPS (Statewide Eyesight Preschooler Screening) Vision Screening

Vision screening will be taking place at school on Monday 31 March and Tuesday 1 April for our Kindergarten children.
Premier’s Reading Challenge

“The Premier’s Reading Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

The Premier’s Reading Challenge (PRC) is available for all NSW students in Kindergarten-Year 9, in government, independent, Catholic and home schools”.

At Nowra Anglican College we strongly encourage our students to participate in the PRC each year.

We have received the certificates for children who participated in 2013 and they will be presented at a morning assembly.

Gold certificates for those who have completed the Challenge over four years or more will receive their certificates at the end of term Presentation Assembly on Tuesday 8 April.

If you would like to help and support your child at home with the challenge the website has all the information you need.


At the end of term the class (Years 3-6) that has collectively read the most books will have a sausage sizzle and an extra playtime in Apex Park.

Each child needs to keep their own reading record which will be distributed by Mrs Markham in the Library. K-2 students may be helped by their teachers and parents. Please note that all students who participate and who successfully complete the Challenge will have their names published in the Sun Herald. It is a condition of entry that students entering and successfully completing the Challenge will receive a PRC certificate and appear on the PRC Honour Roll.

Thank you for encouraging your children as they attempt to read 20 books between now and September.

Our Learning Enrichment Program

This year we have moved away from the ‘withdrawal’ model for Enrichment so that all our children benefit from the program. Our Enrichment program is designed to equip our students with essential skills for the 21st Century.

There is an emphasis on developing excellent collaboration skills, exposure to critical and creative thinking scaffolds and a focus on peer and self-evaluation.

Year 4 are loving their project based learning where cooking and gardening are the order of the day. Years 5 and 6 are pondering life’s big questions in their philosophy classes.

Our students are enjoying the challenge of difficult questions and the chance to debate and discuss their ideas with others.

Susan Pearson
Head of Junior School
News From Senior School

Year 11 Arrangements on Wednesdays

As mentioned in my last newsletter article, there are new arrangements in place each Wednesday for Year 11 this year to accommodate those students who have chosen to study a VET course or a course via eLearning. These arrangements allow for transport between NAC and Shoalhaven Anglican School (SAS) and minimise the impact of missed classes.

I need to answer one important question that I have been asked a number of times. Do students of VET courses in Year 11 miss any periods in their other subjects? The answer is yes. Students studying VET courses will miss at most 1 period of other subjects that they are studying. The period that they will miss will be a Wednesday lesson. We have designed the timetable however to minimise the impact of this issue. Year 11 classes on Wednesdays are designed to be tutorial classes. In these classes no new content is taught. The lessons are based around consolidation of the previous week’s work and therefore those students attending VET courses on these days will not miss any new content or skills.

Chapel

This year Senior School Chapel is a 7-12 event and is held in the gymnasium fortnightly in Week B. I would like to extend a general invitation to any parents / carers who would like to attend. Chapel runs from 12:13pm – 1:00pm each fortnight.

The next chapel will be held on Tuesday 4th March.

Parent Portal

Next Tuesday afternoon at 5:00pm I will be hosting a Parent Forum, for parents of students in Yrs 7-12, on how to use the Parent Portal effectively. This session will be particularly helpful for parents who are new to the community. The Parent Portal is an integral part of our reporting process so it is essential that parents know how to use it well. This session will run from 5:00pm – 6:00pm in G3 (under the gymnasium) and all are welcome.

Sporting Success

Congratulations to Jamie Priestley (Yr11) on her sporting achievements. Jamie was named Shoalhaven Young Sportsperson of the Year at the Shoalhaven City Council Australia Day Awards Ceremony. Jamie has a long history of achievement in equestrian sports, it is great to see her recognised for these achievements.

Congratulations also to Alex Halank (Yr7). Alex competed in the NSW State Wavesailing Titles last week at Gerroa and came first in the Junior (under 18s) division at 12 years old. He was the youngest competitor of the event. Alex has been windsurfing since he was 7 years old and has been competing both nationally and internationally in various windsurfing disciplines since he was 8 including freestyle, slalom, waves and speed sailing.

Awards

Congratulations to all award winners this week!

Silver Awards
Caleb Illesca (Yr9)

Bronze Awards
Naomi Brown (Yr12) (1 Co-curricular, 2 Academic, 2 Service & Character)
Amalie Coghlan (Yr9) (Service & Character)

David Hamaty
Head of School
A French custom: La Chandeleur

In France, 2nd February is the ‘Chandeleur’. It is 6 weeks after Christmas and the day that Mary and Joseph presented Jesus at the Temple. On this day, people go to the Church to light a candle (la chandelle) and pray for the year ahead. They take their candles home and enjoy ‘Crêpes’ which symbolise wealth, health and good crops. At NAC we celebrated our own ‘pancake day’, discussing the French custom and making crêpes in class. Miam, miam!

Bev Wilkinson & Yves Riou
French Department

Changes to Stage 6 Assessment Policy

There have been recent changes to the Stage 6 Assessment Policy of which parents should be aware. The Heads of Department in the Senior School have been keen to ensure that students who do the right thing in terms of preparation and submission of their tasks on time are not disadvantaged. Consequently, they have decided to modify the assessment policy to encourage students to ensure that they are carefully planning and diligently working on tasks to complete them by the due date. The key concern has been students absent on the day an assessment task is due, and then arriving to submit a task prior to the end of the school day – a loophole currently “permissible” under the current assessment policy. This is patently unfair for students who work on tasks in their own time rather than taking school time off to complete the task.

An additional area of concern was the mildness of the late penalty for tasks submitted late. Students were penalised 10% of the final mark per school day for late submission. If a task was due on a Friday, students could gain two full extra days to work on a task and simply lose a couple of marks by not submitting the task until the Monday – the weekend not counting as “school days”. When HSC rankings are so important students who choose to do the right thing can be disadvantaged.

In summary the Stage 6 Assessment Policy has been modified so that:

• The changes will be rolled out over two years, affecting Year 11 in 2014, and Years 11 and 12 from 2015 onwards.
• Students will need to submit an assessment task by 8:30am on the day that it is due. Submission prior to the due date is acceptable. The exception to this is practical or performance tasks which will be performed during a scheduled lesson e.g. performance of a piece in a Drama or Music class etc.
• Tasks will need to be submitted by hard copy, or where appropriate and with the teacher’s agreement, by electronic means such as email.
• Any task submitted after 8:30am on the day it is due will receive a zero mark for the task. Tasks must be submitted, even if late, to fulfil the requirements of the course. This penalty is in line with many other schools in NSW, and is usual policy in many tertiary institutions.
• The usual requirements for allowance for illness or misadventure will still apply (e.g. a doctor’s certificate, a police incident number etc). Where granted by the relevant Head of Department no late penalty will apply, and the student will still be able to access the full range of marks for the task.

Year 11 students were informed of the changes to the assessment policy at a recent Year Meeting. Students have been encouraged to engage in a positive way with these changes so they more proactively plan and work on their tasks so that they submit them on time.

Peter O'Donnell
Director of Studies

Year 11 and 12 Advice for Parents : Technology

I found an interesting booklet on the internet with some tips for parents to help their children study. Whilst the booklet is promoting a website for study help, the booklet actually has some interesting information.

No Technology Rule

Lin-Lee’s (99.65 ATAR) parents implemented a no technology rule.
“\textit{I was not allowed a computer/laptop in my room, it helped me concentrate better.}”

This is a simple, but highly effective rule.
Smart phones (or any phone), laptops, tablets and technology generally are massive distractions when it comes to study.

Sure, occasionally research might need to be conducted online, or an essay or notes need to be typed up. But, most of the time technology is a rich avenue of procrastination (I say this while typing on a computer - intermittently checking my email!)

So, what are some actual rules? Well, there are two variations.

**Rule 1: No Phones while studying**

This is a simple one but so important. Every time you get distracted, it takes 7-8 minutes for you to find your state of flow once again. This means 3-4 distractions in 1 hour, reduce the time you are at your peak significantly!

Initially, tough love might be required to enforce this rule (from hiding their phone somewhere, to keeping personal possession of it until they have completed their study).

**Rule 2: Study with technology in a public place (not in your room)**

This is an interesting rule that builds from Lin-Lee’s parents rule.

When students tend to study in their room with technology - study becomes procrastination and surfing the web. The lure of distractions is too overpowering. So, if your child needs to study with their computer to write notes, or an essay, set a rule that they must do this in a public space (preferably one that is quiet though).

This creates a sense of accountability and minimizes the degree of procrastination.

So, this means that technology in their bedroom while studying is not allowed!

For further information (you will need to persevere to get past the initial advertisements) check out Myedonline.com Year 11 and 12 a practical guide for parents.

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**Junior School Sport**

The Junior School swimming carnival was held on Friday 14th February at Bomaderry Aquatic Centre. The forecast for the day was for rain throughout, however we were blessed with a beautiful day which was perfect for high quality racing. All students both participated and behaved brilliantly and the carnival ran smoothly as a result.

The house competition was very close all day with the final result not decided until the last relay. The final points tally was:

- **Procter** - 1241
- **Best** - 1157
- **Trickett** - 959
- **Hargrave** - 950

There were also a number of records broken on the day:

- **Alyssa Dilley**
  - 12/13 years girls 50m freestyle – 32:36
  - 12/13 years girls 50m backstroke – 38:05
12/13 years girls 50m breaststroke – 45:55
12/13 years girls 50m butterfly – 39:51
Open girls 100m freestyle – 1:13:97
Open girls 200m individual medley – 3:11:69

**Troy Sweet**

11 years boys 50m backstroke – 44:17
11 years boys 50m butterfly – 43:61
Open boys 200m individual medley – 3:24:12

Congratulations to our age champions:
8 Years Boys – Thomas Fraser
8 Years Girls – Sarah-Joy Day
9 Years Boys – Harrison Fillery
9 Years Girls – Bella Sebbens
10 Years Boys – Stephen Pearson
10 Years Girls – Phoebe Olds
11 Years Boys – Troy Sweet
11 Years Girls – Ella Hughes
12/13 Years Boys – Angus Templeton
12/13 Years Girls – Alyssa Dilley

Congratulations also to our parents relay team who triumphed against some very stiff competition in the final relay race of the day.

A day like this doesn’t run smoothly without the input and help of a lot of people, so thank you to all of the parents who gave of their time and helped out on the day. Also to Mr Bob Logan who was our starter for the day and finally to the Year 10 students who so willingly helped out with timing and a number of other jobs on the day.

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**Senior School Sport**

**Jacob Barnes**

Jacob was selected in 2013 for development in the Australian Junior Rugby Gold Program and has been attending training twice a week at Wollongong Uni for the past 5 months. They played their first game of 5 on the weekend at WIN stadium.

Jacob had been selected in the starting team as a winger which was very exciting as there are 30 in the squad.

These games will see selectors choose a team for the Youth Olympics as well as Juniors for the NSW Waratahs.
### Coming Up

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<td>AICES Boys Basketball Trials</td>
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<td>Tue 25 Feb</td>
<td>SS CSSA State Hockey Gala Day</td>
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<td>AICES Girls Basketball Trials</td>
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<td>Wed 26 Feb</td>
<td>SS Design Tech Expo</td>
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<td>Thu 27 Feb</td>
<td>JS Shoalhaven Football Soccer Clinic</td>
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<td>Fri 28 Feb</td>
<td>JS Shoalhaven Football Soccer Clinic</td>
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<td>JS Yr 1 &amp; 2 Excursion</td>
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<td>SS Career Pathway Taster</td>
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<td>Yr 11 Senior Ball</td>
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<td>Mon 3 Mar</td>
<td><strong>Mid Term Break</strong></td>
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<td>Thu 6 Mar</td>
<td>JS SASSA Swimming Carnival</td>
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<td>Mon 10 Mar</td>
<td>SS Yr 9 PASS Water Polo</td>
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<td>Tue 10 Mar</td>
<td>HSC Workshop with Yr 11 &amp; 12</td>
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<td>HSC Parent Forum</td>
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<td>Wed 12 Mar</td>
<td>SS Bundanon Art Camp 2014 Begins</td>
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### Community News

**Bomaderry Soccer Club Registration**
Friday 21st Feb and 28th Feb 4pm-6pm  
Saturday 22nd Feb and 1st March 11am-1pm  
Canteen at Thurgate Oval Bomaderry

**Bluejays Hockey Registration**
BLUEJAYS Hockey Club registration day – Friday 14th and Friday 28th February at Bernie Regan Sports Complex, West Cambewarra Rd, North Nowra between 5:00 and 6:00pm. Male & female senior and junior players welcome. Greg Pullen 4421 4861 or bluejayshc@shoalhavenhockey.org.au

**Nowra Blues Junior AFL Registration Day**
Thu 20th March WEST ST OVAL. 5 - 7PM
Thursday Training – PLAY FRIDAY NIGHTS!
REGISTERING  
Under 12’s & 14’s – Girls welcome!  
Under 16’s

Contact: Raylene Perry  
Phone: 4447 8895  
FAMILY FRIENDLY CLUB
St Georges Basin Hockey Club Registration

Come and play the Olympic sport of hockey with the St Georges Basin Hockey Club in 2014. We are accepting registrations now for the upcoming 2014 winter competition for junior boys and girls aged 6-16 years and women and men senior teams. The competition starts on 22 March.

A Club Registration afternoon is on Friday 28 February at the St Georges Basin Country Club Tennis Courts from 5 to 7pm. Come and enjoy a social game of tennis and register to play for Basin Hockey in 2014 at the same time! Alternatively please send an email to basinhockey@gmail.com visit www.stgeorgesbasinhockey.com or call Vaughan Macdonald on 0400 455 067 to obtain registration details. Please note all training and games are played at Shoalhaven Hockey’s international standard synthetic turf at the Bernie Regan Hockey Complex in North Nowra.

Defence Community Organisation presents

Shoalhaven Defence Community Expo

Defence families are invited to an interactive day of displays and information from local community organisations, sporting and recreational groups, and activities for the children. Food stalls & entertainment.

Where: Fleet Air Arm Museum, HMAS Albatross
When: Saturday 8 March 2014
11am to 2pm

RSVP DCO Nowra Team
02 4421 3855
dco.nowra@defence.gov.au
By 10 February 2014

Dr Patricia Weerakoon

CHRISTIAN SEXOLOGIST

Sexologist, Medical Doctor, Writer, Social Commentator, Senior Lecturer and Academic Director of the Graduate Program in Health at the University of Sydney.

Patricia is passionate about helping people understand their sexuality and experience God’s best for their life.

Patricia will be conducting two seminars on 1st March at Gerringong Town Hall (Gerringong Town Hall is located on Fern St in the centre of the shopping area):

‘Sex and the Cyber World’
For teens 13+
10.00—11.30am
Cost $7

‘Sex Ed for the digital generation’
For Adults & teens (at parent’s discretion)
1.30—3.00pm
Cost $7

Dr Weerakoon’s latest publication, The Best Sex for Life and her earlier book, Teen Sex by the Book will be available for purchase on the day at the reduced price of $25 and $15 respectively. Her other works can be found online at www.patriciaweerakoon.com

We encourage the pre-purchase of tickets for this event. This can be done by following the link under the Events tab on the church website – www.gerringonganglican.org.au

For more information contact Andrew Glover on 4234 1069.
Shoalhaven City Pipes & Drums has been the resident pipe band on the South Coast since 1985, and plays at a variety of events each year. We are currently seeking new members (young or old) who would be interested in learning to play the bagpipes, the snare drum or the tenor drum.

There is no cost for tuition – just come along to our beginner band practise from 7.00 – 8.00pm, Monday nights at the Nowra Services Club Sub Branch (up the stairs adjacent to the entry to the Shoalhaven Ex-Servicemen’s Club, Junction Street, Nowra). Experienced pipers and drummers are also welcome to attend from 7.00 – 9.00pm.

All uniforms and drums are supplied by the band. If you are interested in playing the bagpipes you will initially learn on a practise chanter, and will eventually need to purchase your own bagpipes.

If you are interested please come along to band practise on Monday nights, or for enquiries contact Chris Langmaid, Pipe Major on 0412 318 519 or cflang@tpg.com.au

Michael Davey is riding his pushbike around Australia to raise money for the Kids With Cancer Foundation.

Kids with Cancer Foundation Australia is a non profit organisation with over $15.2 million donated to 10 hospitals & families.

To make an online tax-deductible donation please go to www.journeyofcharity.com.au and click on Donate Now.

Summer Holiday Workshops
Turtle Tutoring....
Crafty Cardmaking, Get Ready for High School, Write, Edit and Publish your own handmade books, Mini-Album Scrapbooking, Sing with Confidence Create your own Pet Rock Board Game, Guitar and Ukulele for Beginners And Maths Games for the Whole Family!
For more information phone
Caz Soeters on 0413 466 430

Kids With Cancer
Foundation

NOWRA ANGLICAN COLLEGE newsletter

Term I Week 4
### Term 1

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<th>Tuesday Presentation</th>
<th>Events on that week</th>
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<td>27/1</td>
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<td><strong>Australia Day Holiday</strong></td>
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<td>10/3</td>
<td><strong>Week 7A</strong></td>
<td><strong>HSC – How the ATAR, ranking and assessment works</strong> Cheryl Russell (NSW Board of Studies)</td>
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<td>17/3</td>
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<td>31/3</td>
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<td>7/4</td>
<td><strong>Week 11A</strong></td>
<td><strong>Easter Chapel (Friday 9:30am)</strong></td>
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<td>5/5</td>
<td><strong>Week 2A</strong></td>
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<td>12/5</td>
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<td>26/5</td>
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<td>2/6</td>
<td><strong>Week 6A</strong></td>
<td><strong>Maths in Stages 4 &amp; 5 What are students learning and how parents can help? John Day</strong></td>
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<td><strong>Week 7B</strong></td>
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<td>16/6</td>
<td><strong>Week 8A</strong></td>
<td><strong>“In time” reporting – Why is this a better alternative? David Hamaty</strong> Year 11 2015 Information Night</td>
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<td>23/6</td>
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<td><strong>CAPA Showcase Evening? Year 10 Subject Selection Info Evening Term 2 Presentation Assembly Y7&amp;8 - Medieval Day</strong></td>
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<td>21/7 Week 1B</td>
<td>Science in Stages 4&amp;5 What are students learning and how parents can help Sophie Templeton</td>
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<tr>
<td>28/7 Week 2A</td>
<td>SS Parent Teacher Night (Tues)</td>
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<tr>
<td>4/8 Week 3B</td>
<td>Trial HSC Exams (start on Friday) Taste of TAS Day</td>
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<tr>
<td>11/8 Week 4A</td>
<td>Bring Your Own Device (BYOD) Technology for your child – what computer to buy David Hamaty &amp; Graeme Ewing</td>
<td>Trial HSC Exams</td>
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<tr>
<td>18/8 Week 5B</td>
<td>Mid Term Break Ski Trip</td>
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<tr>
<td>25/8 Week 6A</td>
<td>Healthy Minds &amp; Healthy Bodies – Finding the balance Dave Ball</td>
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<tr>
<td>1/9 Week 7B</td>
<td>Y11 Yearly Exams (start on Friday)</td>
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<td>8/9 Week 8A</td>
<td>Writing for success. From essays to creative writing Richard Rebel</td>
<td>Y11 Yearly Exams Term 3 presentation assembly</td>
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<td>15/9 Week 9B</td>
<td>Prefect Camp Y12 Final Assembly Valedictory Dinner</td>
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<td>13/10 Week 2B</td>
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<tr>
<td>20/10 Week 3A</td>
<td>Preparing for Exams and Tests Peter O'Donnell</td>
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<td>27/10 Week 4B</td>
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<tr>
<td>3/11 Week 5A</td>
<td>Careers – how to help your child Natalie Wienden</td>
<td>Y7-10 Exams</td>
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<td>10/11 Week 6B</td>
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<tr>
<td>17/11 Week 7A</td>
<td>Education in the 21st Century – Where is it going and are we going with it? David Hamaty &amp; Peter O'Donnell</td>
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<tr>
<td>24/11 Week 8B</td>
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<tr>
<td>1/12 Week 9A</td>
<td>Can computer games really help my child learn? Graeme Ewing</td>
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<tr>
<td>8/12 Week 10B</td>
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<td>Year 10 Activities Presentation Evening</td>
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